



Here are two pages from the book “**Home Life Memories - A Therapeutic Colouring & Activity Book for Older Adults**”, published by Karen Tyrell, from Personalized Dementia Solutions Inc.
Illustration by Rose Kapp.

Beautiful Gardens

1. Tell me about a time when you did some gardening.
2. What seeds or plants did you grow?
3. What was it like having your hands working in the dirt?
4. Describe what you like best about gardens. (Examples: the arrangement of the flowers, the taste of the vegetables, the smells, the colours.)



*One of the loveliest flowers in the garden is the rose.
Does this song about a wild rose bring back memories?*

My Wild Irish Rose

(lyrics by Chauncey Olcott, 1899)

My wild Irish Rose
The sweetest flow'r that grows
You may search ev'rywhere
But none can compare
With my wild Irish Rose.

Another popular hit song about gardens was sung by Lynn Anderson. It was called “I Never Promised You A Rose Garden” (1970).



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